

**Annual Sports Day of Bright Kids on Friday 20 October 2023 at
Cote D'Or National Sports Complex**

Dr. Gungadeen, Director Bright Kids Ltd

Mr. Ravish Ramroop, Chief Executive Officer, Bright Kids Ltd

Mrs. Gungadeen, Academic Consultant

Mrs. Christel John, Director of Studies

Campus Managers/ School Administrators

Athletes

Parents

Students

Good morning

It is my great pleasure to attend the Annual Sports Day of Bright Kids Nursery & Pre-Primary School/ Brightfield School. I am happy to see everyone blooming in the spirit of the sports Day.

Nowadays, education is considered as incomplete without the involvement of sports and games activities.

Sports are a terrific method for kids to develop important life skills like teamwork and cooperation that will help them later in life. They allow kids to enhance their physical skills, get some exercise, learn teamwork, play fairly, and boost their self-esteem.

Sports and games help us to tackle and learn about how to overcome difficult situations in life and keeps body relax and mind free from tension. Also, they develop the habit of working in a team by developing a sense of friendliness among team members.

Sports Day is a celebration of endurance, strength, and sweat. It is a day where the school promotes the importance of physical fitness, mental well-being, and character building activities. It is during these activities that you, students, learn to accept both victory and defeat with grace.

Dear students, just take a moment to appreciate the significance of the sports day in your school. It is an opportunity to enhance your athletic skills, but more than that, it cultivates the spirit of sportsmanship in young minds. It teaches you the importance of discipline, patience, and perseverance.

Sports Day is also a great opportunity for Bright Kids to showcase the capabilities of its students beyond academics. It helps management in understanding their potential, their strengths, and areas that require more attention.

I must therefore commend Dr. Sanjiv Gungadeen, founder of Bright Kids and Brightfield International, and his collaborators for making Sports Day an annual event of the school.

The institution is always bringing innovation and novel ideas to the education sector to create a culture of excellence that promotes the intellectual, creative, physical, and social growth of students.

At Bright Kids, sports are considered as a pedagogical approach to teach various other skills to our learners such as leadership, patience, team efforts and social skills.

Ladies and gentlemen

I am very happy to see so many parents who have come to participate in the fun and to encourage their kids.

Sports and physical exercise are essential components of a child's physical health, well-being, and learning. Helping children incorporate them into their lives is a high priority in modern parenting,

Children acquire the greatest amount of information from their parents about how to act, listen, and behave. As a result, you must become the finest role model you can be! The first step in encouraging your child to participate in team sports is to just go out there with them. Make it a point to exercise with your children at least once a week.

This very place where we are meeting today, that is the Côte d'Or Sports Complex, bears testimony to Government's effort in the promotion of sports and physical activities.

Government has implemented a national physical activity policy. The health of the population is a priority and Government is investing in the setting up of sports infrastructure around the island to ensure that the population remains healthy

I recognise the presence of some well-known athletes among us to encourage and support the event. Your achievements in the field of sports are excellent and your contribution to raising the bar for future generations by bringing laurels to our country is truly noteworthy

Ladies and gentlemen, I can see that you are all eager to see the young athletes in action. I shall therefore conclude by expressing my sincere appreciation to all those who have been involved in the organisation of this event.

Best of luck to all the athletes and I leave you with that saying of Nelson Mandela
“Sport has the power to change the world. It has the power to inspire. It has the power to unite people in a way that little else does. It speaks to youth in a language they understand”